

AUGUST

AHS Breakfast and Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <u>Breakfast Includes:</u> Students can choose up to 4 Items for breakfast <i>**Students Must Choose a minimum of 3 items. 1 item MUST be a fruit or vegetable**</i>	4 <u>Lunch Includes:</u> 1 Entrée 2 Fruit 2 Vegetable Choice of Milk <i>**Students Must Choose a minimum of 1 fruit OR 1 Vegetable**</i>	5	6	7 Please contact Kala Dudley with questions or concerns 217-438-6164 kdudley@auburn.k12.il.us
10	11	12	13	14
17 <u>Breakfast Pizza</u> Bosco Stick w/ Marinara OR Chicken Ceaser Wrap California Blend Steamed Vegetable	18 <u>Breakfast Smoothie w/ WG Muffin</u> Mini Corndogs OR Southern Style Chicken Bowl w/ Corn, Mashed Potatoes & Gravy Corn or Mashed Potatoes w/ Gravy	19 <u>WG Waffle W/ Syrup</u> The MAX cheese Pizza OR Cheeseburger on Bun French Fries	20 <u>Cheese Omelet w/ WG Toast</u> Breaded Chicken Sandwich OR Cheese Quesadilla Fiesta Black Beans	21 <u>Yogurt w/ Granola Packet</u> Trojan Club Sandwich OR Sloppy Joe on Bun Tater Tots
24 <u>WG Pancakes and Eggs</u> Breaded Pork Chop OR Chicken Strip Basket w/ Texas Toast & Gravy Green Beans w/ Bacon	25 <u>Overnight Oats w/ Yogurt and Strawberries</u> Hamburger Horseshoe OR Chicken Horseshoe Fresh Veggie Bar	26 <u>Glazed WG Donut</u> <u>Breakfast for Lunch</u> Sausage, Egg Pancake Sandwich OR Breakfast Pizza Hashbrown	27 <u>Maple Baked French Toast</u> Spaghetti w/ Garlic Toast OR Chicken Parmesan Sandwich Roasted Broccoli	28 <u>Biscuits and Gravy</u> Nachos w/ Cheese Beef OR BBQ Pulled Pork OR BBQ Pork Sandwich on Bun Romaine Side Salad
31 <u>Pancake Sausage Egg Sandwich</u> Cheeseburger w/ Bun (Assorted Toppings) OR Chicken Nuggets French Fries	Daily Breakfast Offerings: Breakfast Sandwich, Cold Cereal/Hot Cereal, Pop-Tarts, Oatmeal Bar, Muffin, Toast, Yogurt, Assorted Fresh Fruit, 100% Fruit Juie, 1% Milk (White/Chocolate/Strawberry) Daily Lunch Offering: Peanut Butter & Jelly Uncrustable Plate, Fruit & Vegetable Bar, Yogurt, Cottage Cheese, Assorted Fresh Fruit, 1% Milk (White/Chocolate/Strawberry)			

Menu Items Subject to Change without Notice